

INTERNSHIP MEMBERSHIP

A M H F has been providing internship to students from : KENYA, U.S.A, ITALY, and Spain.

In 2008 / 2009 A M H F hosted one of the award winning students of the Fullbright Scholarship from Johns Hopkins University, School Of Public Health, Bloomberg U.S.A.

In 2009 A M H F hosted three students on internship from university of Nairobi who had shown interest in doing research in their future career.



Interns at work in the A M H F Offices

A M H F continues to give support and internship opportunities to students affiliated to the Medical

Students Association For Research and Statistics (M.S.A.R.S) at the University Of Nairobi and the NUADS.

FOR MORE INFORMA-

Visit our offices at:
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Visit our website at:

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www.amhf.or.ke

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Africa Mental Health Foundation

Founded by Professor David M.N detei (2000)



In Deus Nos Fides

Mental health is real

Research and
Intervention in Mental,
Neurological and
substance use disorders
Promoting Mental Health
and Healthy Behavior.

WHO WE

A M H F is a Non – Governmental Organization licensed to operate both locally and regionally. It was conceptualized in 2000 by Prof. David M.Ndetei, Professor of psychiatry at the University of Nairobi, Kenya. A M H F was registered on 18th March 2004.

VISION

Evidence based practice and policy on mental and Neurological Health, healthy behavior and substance use.

MISSION

To go beyond the ordinary by conducting high quality research realized through a multi – disciplinary team approach that promotes health in all sectors and informs policy through evidence – based information.

WHAT WE DO

A M H F has a road-Map for research covering the whole life-spectrum from the health of the fetus in the mothers' wombs through children in and out of school to old age. It focuses on person centered mental health, community, institutional and environmental determinants of mental health and biological aspects of mental health.

COLLABORATORS

A M H F works and has worked with:

- Several UN agencies.
- Local and international NGO'S.
- Public and private universities.
- Several departments of the government of Kenya.



Community Mental Health

A M H F has collaborated with rural (Ngwata in Kibwezi District) and urban (Kangemi informal settlement in Nairobi) communities in Kenya to develop a community mental health pilot model with a view to achieve mental health for all at grass-root level.

In short

AMHF collaborates with all stakeholders in mental health, local and international.

ACHIEVEMENTS

Several books:-

The African Textbook of Clinical Psychiatry and Mental Health– for medical students and allied professionals

Trauma Counseling Manual for Health Workers

Life Skills for Primary and Secondary Schools-for pupils

Contemporary Psychiatry in Africa: Practice, theory and research—for researchers

Your A-Z on Mental Health—for lay readers

Community Mental Health: Agenda for next 10 years (Vision 2022)-in progress-for policy makers

Developed and supports Award Schemes for:

The best Mental Health Workers of the year at Mathari Hospital

The Best National Mental Health Worker of the year

The Best Final Year Medical Student in Psychiatry– University of Nairobi

The Best Master of Medicine in Psychiatry Final year - University of Nairobi

The Best Master of Science in Clinical Psychology - University of Nairobi

Numerous publications in Peer Reviewed Journals



Provision of free psychological support to orphans & vulnerable children